

Dance News

Marvin – 9Oak

On Saturday 17th September, I started my first official day at Trinity Laban Conservatoire of Music and Dance. At first I was a little frightened of the coming day ahead. However as soon as I got there I was extremely excited, I was in a community with others of similar Dance ability, and I was looking forward to meeting new people.

I started off with a contemporary technique class. The technique class was based on learning choreography made by the teacher. I found this very enjoyable because I learnt very many different moves, and gained a better knowledge of dance in general. After, I went into a ballet class which I really enjoyed because I learnt so many different things and I had tried ballet for one of the first times.

I then had a creative class which is where we got to have an idea of what different people can do. My favourite classes were the ballet and creative class, because I enjoy learning many new things every day, as this is how you move forward and make progress. To be honest that day was a great challenge, but I am certain it will benefit me a lot with dance, that I do at school, physically and theoretically. I strongly believe that it can help me persevere with dance, but not only that, my health also. One other thing I certainly learnt was that it is good to go out of your comfort zone, because if you don't try you won't learn. This is because I tried many different movements which I was extremely surprised that I could do.

I am tremendously looking forward to what is to come at Trinity Laban, and what the future has to offer.

Aspire to Achieve



Dates for the Diary

Sat 24th September
Antiques fair

Tues 27th September
Year 12 Information Evening

Thursday 29th September
Y12 & Y13 A Level Theatre trip to Dream Play

Fri 30th September
Year 9 Geography trip to Brighton
Whole school Enrichment Day

Mon 3rd – 6th October
Y7-Y12 National Junior Games, Stoke Mandeville

Wed 5th October
House Talent Show

Fri 7th October
Year 9 Trenches Trip

BMDC

Bushey Meads Dance Company



Do you love to dance? Do you want to learn new styles?

Would you like to participate in performances?

Come along to BMDC.

When: Year 7 & 8 - Mondays

Year 9, 10 & 11 - Tuesdays

Time: 15.15 - 16.30

Where: Main Hall

Please see Miss Rowden for more information.

*Download QR Reader on your smartphone and scan the code

STUDENTS OF THE WEEK

KEY STAGE 3



Bette-Louise – 8Beech

This week's student of the week is Betty-Louise from 8 Beech. Betty-Louise has been a consistently hard working student and this is highlighted by Betty-Louise having the highest number of achievement points (40) in the whole of Key Stage 3 so far this academic year. Well done Betty-Louise, keep up the fantastic work and positive attitude.

KEY STAGE 4



Christina – 10Willow

This week's student of the week is Christina from 10 Willow. Christina is a dedicated and hardworking student who consistently gives her best. Her most recent ATL scores were all 6s and 7s and she has the most achievement points in year 10. Well done for making such a positive start to the year. Wishing you all the best for a successful year ahead.

KEY STAGE 5



Sam – 12Oak

Sam is showing the right attitude towards his studies and going the extra mile to achieve his goals. He is making excellent use of the resources available including contacting staff to clarify his understanding. Fantastic initiative shown.



Jack – 13Elm

Jack has made a fantastic start to his Year 13 studies. After achieving amazing results in his summer examinations and in particular a fantastic performance in Maths, Jack has taken it upon himself to visit Universities for lectures on Mathematics. It is this dedication to his future studies that will enable Jack to be a success.

Word of the Week (WOW) at Bushey Meads

Danielle Bowe - Lead Practitioner for English and Whole School Literacy

Language is empowering



Word of the Week 19.9.16

Pronounce it: Ten-a-sit-ee

early 15c., from Middle French *ténacité* (14c.) and directly from Latin *tenacitas* "an act of holding fast," from *tenax* (genitive *tenacis*) "holding fast, gripping, clingy, firm, steadfast," from *tenere* "to hold"



Tenacity is setting a goal so BIG you can't possibly achieve it ... then growing into the person who can!

Tenacity

Definition noun

-the quality of being determined to do or achieve something;
-firmness of purpose

Tenacity is a special quality to have, especially if you're trying something challenging that takes a while to complete. Most people you admire have shown real **tenacity** in achieving their goals. Watching the Paralympics has been inspiring; some accomplishments have been beyond comprehension. Anything really worth doing takes persistence, perseverance, and stubborn determination. Being a great runner undoubtedly requires a real gift, but even the most gifted runners won't make it to the Olympics without the **tenacity** required to make it through the long, hard years of training. **Tenacity** is the quality displayed by someone who just won't quit and who keeps trying until they reach their goal.

Sentence example:
Students signing up for the World Challenge this week will have to show real tenacity to reach their goals and be able to enjoy the adventure of a life time!

Use it instead of:
doggedness, purpose, perseverance, persistence, determination.

Challenge: use this word in a conversation, or piece of writing this week.

This week saw the launch of Bushey Meads' World Challenge 2018, led by Mr Sam Hawkins.

Appropriate then that our Word of the Week is 'tenacity'!

VACANCIES

We are currently advertising for the following position at the school:

- HR Manager**
- Teaching Assistants**
- Senior IT Technician**
- IT Audio Visual Technician**
- Science Technician**

Further information about the post can be found on the school website under 'Vacancies'. Alternatively, please contact the HR Office on 020 8955 8833 or vacancies@busheymeads.org.uk

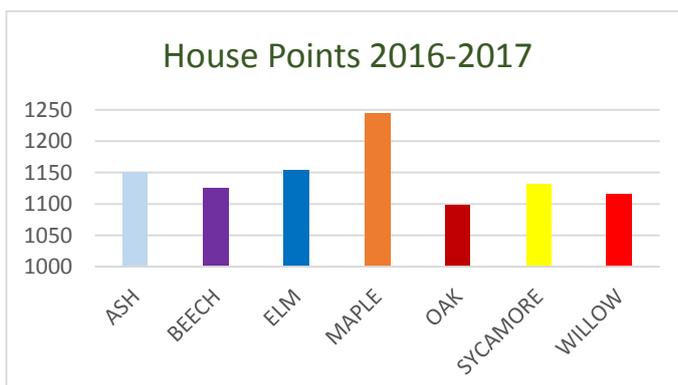
Year 12 Information Evening Tues 27th September

Mr Spary, Assistant Headteacher inc KS5

Year 12 have made a fantastic start after an induction programme that encouraged them to take responsibility for their learning and embrace the opportunities available to them.

As the workload starts to increase, they will notice a significant change from studying for GCSEs. The purpose of the Information Evening is to help with this transition, outline expectations, and the support available.

House Points Update



ASH	1150
BEECH	1124
ELM	1153
MAPLE	1244
OAK	1097
SYCAMORE	1131
WILLOW	1116

SYCAMORE HOUSE

Mr Donovan – Head of Sycamore House

“A place where respect and friendship come together”

A new exciting year begins, and Sycamore House are looking forward to new competitions with a new team of House Representatives.

This year's House reps are:



House Captain: Sky - 10S



Deputy House Captain: Lakshaa - 9S



Aarooj - 8S
13S



Jasmine - 7S



Jack - 9S



Max - 10S



Amie - 11S



Ellis - 12S



Sophia -

This year's Charity Reps are:



Dylan - 8S



Mohammed - 9S



Ethan - 7S



Andreas - 10S



Devan - 11S



Grace - 12S



Shea - 13S



Joe - 13S

On the 5th October, there is the first House competition of the year, the BMS Has Talent competition. Auditions are to be held on the 26th September and we have several acts hoping to be chosen to represent Sycamore House on the big night. Tickets are £1, make sure you are there. It is sure to be a fantastic evening watching all the wonderful talent on show, and of course you can cheer your friends on!

Sycamore will also be holding its first Student Council Meeting of the year on the week commencing 26th September. The House reps will be prepared with lots of information provided by the form group to discuss together at the meeting.

Other competitions planned for the year are as follows; Photography, House Music, Poetry and of course Sports Day!

Make sure you get involved and support your wonderful house!

PE and Health Faculty news

Mr Cartledge – Head of PE Faculty

Football news

Under 18 Boys Football v St Joan of Arc (District League)

Date : Tues 20th September

Result : Lost 7-4

Scorers : Chris Osei 2, Lyes Titouah 2

Squad : Lyes Titouah, Andrew Fordham, Leon Nyoro, Toby Peskin, Calum Bedwell, Curtis Meale, Maciek Blasic, Euan Enright, Cameron Hanton, Will Cowper, Ben Heels, Chris Osei

Commended performances : Calum Bedwell

Comment: Despite an impressive showing in the first half 3 late goals condemned the boys to defeat as they chased a win. With several players the boys showed good strength in depth playing some good football and creating numerous clear chances.



Year 8 Boys Football v Immanuel (District League)

Result : Lost 6-3

Scorers : Reid Sims 2

Squad : Jesse Harry-Brown, Ben Castello, Archie Sykes, Taylor Bees, Harris Plant, Jake Norris, Luke Andrews, George Rowe, Leo Enright, Zack Kahn, Reid Sims, Jaylen Sotomey, Irvine Tannor, Alfie O'Sullivan

Commended performances :

Comment : A first game on a full sized pitch had the team lacking a little bit of positional sense, but the effort the team showed should be commended. Attacking the opposition throughout the game, the difference of three goals was probably a little harsh on the team.

Dominic Ashwell

Former Bushey Meads student, Dominic Ashwell, continues to make progress in the field of athletics. Dominic holds several school sprint records as well as the Herts County Under 18 100m record which he broke in 2015 after it had stood for 28 years. We have recently heard from Dominic's parents who informed us that not only has Dominic raced for the England Under 20 team but had also represented the GB Athletics Junior team this summer and competed at the Manchester International meeting. This is fantastic news and hopefully a real inspiration to the young sporting talent in the school. We are very proud of Dominic's achievements and look forward to following his progress in the future. Dominic is pictured in his TEAM GB vest.



Watford District Football

The Watford District Schools football teams recently held the trials for the District Under 13,14 and 15 teams. As ever there was a high standard of football with all schools in the local area sending representatives. Squads have been selected and it was great to hear James Dodwell (Year 10) and Mohammed Djanit (Year 9) had both been selected for their respective year group teams. The boys will play in fixtures against the other Districts in the Hertfordshire region over the next few months.

Netball

Year 10 - SJC

Date:20/9/16

Opposition: Francis Combe Ac

Result: Won 22-4

Team: A.Trivedi, R.Aravindan, M.Shah, A.D'Alwis, A.Rashid, M.Bonyadi, A.Parker, G.Bryant

Comment: This was a great start to the season by the year 10 team. Their performance showed control throughout the court and was topped off by some fine shooting.

Player of the Match: Bella Parker for fantastic movement and shooting.



Year 11 - SJC

Date: 20/9/16

Opposition: Francis Combe Academy

Result: Lost 11-8

Team: C.Baldry, L.Campbell, R.Bharmal, L.Parr, B.Lipman, O.McManus, I.Hadland, V.Pratt

Comment: In a tough start to the season the BMS team had it all to do going into the last quarter trailing by 7, they fought hard and the shots began to drop in but the deficit was too big to overcome.

Player of the Match : Vicky Pratt for a great final quarter shooting display.

Sports Clubs provided by external coaches

Athletics coaching - Running club
Every Tuesday with Watford Harriers in the gym. ALL Welcome

Arsenal Ladies continue their coaching with Bushey Meads students every Wednesday from 3.15 - 4.15 on the astro. ALL Welcome.

Girls/Ladies Yoga - Next Thursday 29th September sees the return of Yoga after school. ALL welcome meet in the school hall suitably attired. Finish 4.15

Attendance Matters

Mrs Ash – Assistant Headteacher KS4

As a school we are aiming to achieve an attendance rate of at least 96%. So far this year we are achieving the following:

Year Group	% Attendance
7	97.2
8	95.9
9	94.5
10	95.2
11	95.1
TOTAL	95.7

What does “**Good attendance**” mean? 90% is outstanding, isn't it?

When you consider achieving 90% on an exam or assessment there is cause for celebration. It is definitely outstanding and a fantastic percentage to reach. However when we consider 90% attendance at school we consider that a very poor attendance figure and in need of improvement. Being absent 10% in a year equates to one day missed education every fortnight.

Looking even closer, **1 school year at 90% attendance = 4 whole weeks of lessons**

MISSED!!! If that pattern of 90% attendance continued for 5 school years (Years 7-11) it would equate to **half a school year missed!** This then would have a massive impact on the

learning. Research suggests that **17 missed school days** a year = 1 GCSE grade **DROP** in achievement. (DfES)

The greater the attendance the greater the achievement

What can you do to ensure outstanding attendance?

- Come to school unless you are ill enough to see a Doctor
- Don't take holidays in term time
- Try to make medical appointments after school
- Talk to teachers or your parents if you are worried about something

Attend and Achieve!

- If you miss school this will affect your **attainment**
- Make sure you **catch up** on all work you miss
- Ensure your attendance remains above **96%**, allowing you to **achieve** your potential

Upcoming Year 11 Events

Mrs Ash – Assistant Headteacher KS4

On Wednesday 19th October we will be holding a Revision Techniques evening for year 11 students and their parents. The evening will start at 18:30 and last approximately one hour. The purpose is to help prepare for the Pre Public Examinations which are being held at the end of November. Further details will be sent out to Year 11 parents next week but please do save the date.

The Year 11 parents and carers Consultation Evening is also rapidly approaching and is taking place on Tuesday 1st November. We are using a new online system for booking appointments for this evening. The online booking system for the parents and carers consultation evening is the same as for the online payment system. We therefore require all parents and carers to be registered with a unique username and password. Letters will be given out to Year 11 students next week with the login details for anyone not yet registered for this system.

ANTI-BULLYING at BMS

Ms Day and Ms Smart - Anti-Bullying Co-ordinators

What is bullying?

Behaviour by an individual or group, usually repeated over time, that intentionally hurts another individual or group either physically or emotionally

Bullying can include: name-calling; taunting; mocking; making offensive comments; physical behaviour (e.g. kicking, hitting, pushing, etc.); taking belongings; inappropriate text messaging and emailing; sending offensive or degrading images by phone or via the internet/social media; producing offensive graffiti; gossiping; excluding people from groups; spreading hurtful and untruthful rumours; racist remarks.

What to do if you feel you or a friend are being bullied

Tell somebody about it. You can:

- Report it via the STUDENT WATCH area on the school website
- Report it via the CONFIDE button on school computers
- Email or speak to an Anti-Bullying Coordinator (ABC)
- Speak to a student ANTI-BULLYING AMBASSADOR
- Email or speak to your form tutor, a teacher or a pastoral manager
- Ring the school health helpline



Build a Wall against Bullying: student quotes from 2015

If you're being bullied act fast and tell an adult about it

Push through the tough times. Tell someone you trust. Your mind set is your greatest weapon through your battles with life

Don't let them push you round – tell someone you trust

Don't be scared to tell anyone no matter the threat

Talk to someone about it

Tell a teacher or a friend

Do not keep it to yourself

Tell someone that can help, rather than wait for it to get even worse

If you can't beat them, **don't** join them! Tell someone!

More Able at BMS

More able at BMS



At BMS staff know that if we are to get the best from our students then they must be engaged and challenged by their learning. With this in mind teachers plan their lessons to include activities that will stretch and challenge all learners, including the more able.

In the science faculty, one technique that is made use of is peer teaching. This involves using more able students in the class to teach other students. By doing this students are encouraged to be leaders within the classroom. It also enables all students involved to develop their own understanding of the topic further and increases their retention of skills and knowledge taught in the lesson.

Teachers who have used this technique in lessons have given favourable reviews of it, and have said that it 'develops students' independent learning skills further' and allows them to 'take greater ownership of their learning.'



WELCOME TO OUR NEW MEMBERS OF STAFF THIS TERM....

FOCUS THIS WEEK: FACULTY OF SCIENCE

By Mrs Armitage

DAMIEN O'BRIEN – Head of Faculty



Mr O'Brien joins us from Chesham Grammar School to head up our team of Science teachers. He arrives with 20 years of experience in education, his main science subject being Biology. The opportunity of helping a new team to bond and ensuring that record results will be attained by our students proved too good a challenge for Mr O'Brien to resist and he accepted the post without hesitation!

When he eventually gets to go home at the end of the day, Mr O'Brien enjoys spending time with his young family, playing rugby and creating a quality of life garden. On the subject of rugby Mr O'Brien told me quite an incredible story about himself: After nearly losing a leg playing rugby he would not accept the possibility that he could be forced to walk with a stick for the rest of his life; and so with determination he relearned to walk and played rugby again after 5 months. From this experience he told me that he learned first-hand that nothing is impossible!

KEN CHAN – Science teacher

Mr Chan joins us from Ilford County High School. He lives near Bushey and knew that Bushey Meads was one of the better schools in the area, so immediately applied when a vacancy arose. His career started in industry where he worked as an engineer in the field of science. He is now in his fifth year of teaching and thoroughly enjoying it, bringing the science workplace to the classroom. Mr Chan likes gardening, walking and travelling around the UK as well as further afield – he commented that there are many beautiful places to visit in the UK. He also enjoys table tennis – apparently students are already asking him to get involved at the outdoor table tennis facilities! In summary, Mr Chan says he is really enjoying BMS – he commented that he has found the students to be well behaved and the school well organised.



JOSHUA COLLINS-PEARSON – Science Teacher



A number of students already know Mr Collins-Pearson as he was here with us at Bushey Meads for part of the last academic year as a PGCE student, completing one of his placements for his teacher training year with Kings College, London. We were very pleased to be able to offer him a full-time position here as a result of the placement and so he joins our Science Faculty as a specialist in chemistry. Planetary science and geology are Mr Collins-Pearson's particular areas of interest within the science arena and he told me that while he was studying at Leicester University he had the opportunity to work with curiosity mission to Mars team and in fact did his dissertation on this. He then went on to attain a Masters in geo-chemistry. Beyond the world of science Mr Collins-Pearson enjoys the Arts and is trained in the martial art of Taekwondo.

MATTHEW DUDSON-GREEN – Science Teacher

Mr Dudson-Green comes from St Thomas More Catholic School. He also has five years teaching experience behind him and his specialist science subject is Chemistry. He was attracted to Bushey Meads due to the calm, good working atmosphere in all the classrooms he visited when he came for his interview and now on board finds the staff friendly and dedicated. He was also attracted to the leafy location we are so lucky to have here at Bushey Meads.



ELEANOR MARTINDALE – Science Teacher



This is actually Miss Martindale's first post after having trained in Manchester, her science specialism being physics. 'I wanted to join Bushey Meads because I thought the students seemed so lively and interesting and the staff so friendly' she reported and confirmed that she has enjoyed meeting all the students she is teaching this year. In her free time Miss Martindale is a bit of a Parks and Rec addict, she also does some running and enjoys going to the gym. Finally, she told me that during her training, she was called the most enthusiastic science teacher ever by a student!

ANDREW SYMEOU – Science and PE Teacher

Mr Symeou has also joined us in his first post, and his timetable covers mainly Science but also some PE lessons. His training placements were in schools located in the North and East of London. He has chosen this school because he experienced a good atmosphere here at interview, and he feels he has settled in quickly and is thoroughly enjoying working here. As you would expect, Mr Symeou's interests and hobbies are mostly in sport – he is passionate about football & fitness - as well as his academic subject of science.

