

## Extended Curriculum



Aspire to Achieve



## Dates for the Diary

**9th October**

Y9 Trip to Ypres

**21st October**

Year 11 Revision

Techniques Evening

**10<sup>th</sup> November**

Sixth Form Open

Evening - 7-8.30

The school's vibrant extended curriculum programme got a perfectly legal lift this week with a new dance club being added to the mix.

Strictly for both boys and girls, the new club members got straight down to some impressive choreography, with many already showing off their skills, such as Isabel and Louisa shown performing the splits in the picture, and others setting off at different stages on the exciting journey of dance.



Full details of all clubs and activities are available on the website - check for Extended Curriculum and also the PE and Health section for all the sports activities.



Mr Fisher  
Assistant Headteacher

# STUDENTS OF THE WEEK

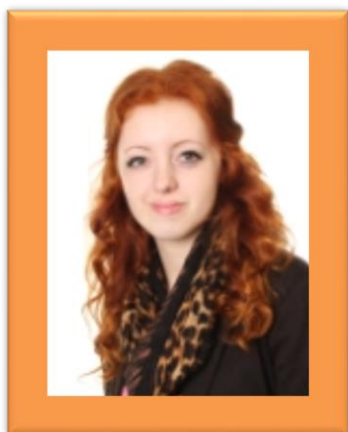
## KEY STAGE 3



### Luke - 7Ash

Luke is our student of the week for his excellent work at Open Evening. Luke worked hard to show parents around the school and talk to them about his experiences so far. Luke's impressive manner was noted by one prospective parent who telephoned, the call describing Luke as "pleasant, articulate, polite and knowledgeable". They also commented that they are sure that they want to send their daughter to Bushey Meads after spending time with Luke. Well done Luke! As the parents reported, you are a credit to Bushey Meads School

## KEY STAGE 5



### Abbie - 13Maple

Our KS5 student of the week this week is Abbie who is currently in Year 13. She has been awarded this for her outstanding commitment to learning demonstrated by her exceptional AS level results. Abbie achieved A grades in Mathematics and Physics and B grades in Chemistry and Biology. Abbie has chosen to continue studying Chemistry, Mathematics and Physics in Year 13 this year and is currently applying to universities to study for a degree in Physics.

## Theme of the Week – Challenge

Mrs Ash – Assistant Headteacher KS5

The first House assemblies of the new academic year were held this week on the theme of Challenge. The assemblies focused on the small steps you need to take to complete a larger challenge.

11Ash each chose a personal challenge which they broke down into a smaller, manageable first steps and then shared with the rest of Ash House in assembly.

Elm House had an interactive assembly where they were given the challenge to find a solution by thinking outside of the box.

Form tutor times focused on each student deciding on a personal challenge and the steps they needed to take in order to achieve this.




# Word of the Week (WOW) at Bushey Meads

Danielle Bowe - Lead Practitioner for English and Whole school Literacy

## Language is empowering

Here is our new word of the week. We have been encouraging our students to think about what the word '**assert**' means to them and can they take any opportunities to **assert** their point of view politely.

A confident command of high level vocabulary goes a long way in helping you to **assert** your ideas clearly and persuasively.



### Word of the Week

28.9.15

This word comes to us from the Latin – 'assertus', meaning *claim or maintain*.

**Pronounced:** *ass-ert*

Verb


## Assert

**Definition**  
-to state a fact or belief confidently and forcefully  
-to behave or speak in a confident and forceful manner

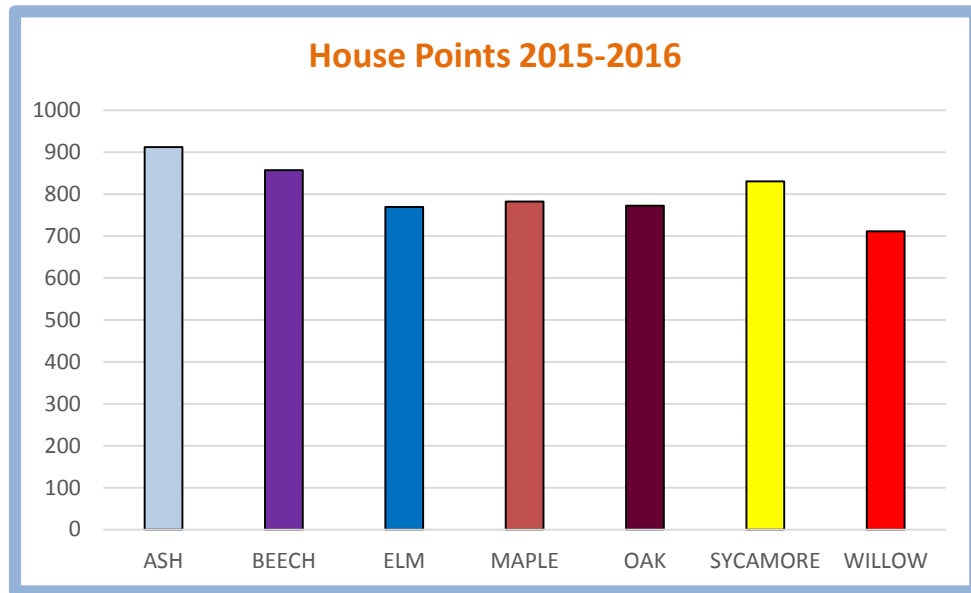
**Use it instead of:**  
*say, behave, insist, declare, argue, state.*

**Challenge:** *use this word in a conversation, or piece of writing this week.*

An assertion is a claim or perhaps a statement of fact.  
If you assert yourself, or are being assertive, you are standing up for yourself. Some might say- '*putting your foot down*' or '*making your voice*' heard. The challenge is to do this confidently, not rudely, then people really listen and take note!  
Eg:  
- '*The company asserts that the cuts will not affect workload.*'  
- '*Jenny knew it was time to really assert herself and give her point-of-view.*'



# House Points Update



## Current House Totals

ASH	912
BEECH	857
SYCAMORE	830
MAPLE	782
OAK	772
ELM	769
WILLOW	711

Ash House clearly listened carefully to the theme of the week of 'Challenge' and took up the challenge to achieve as many as reward points as possible. The effort has paid off with Ash House pulling into the lead – but it is still very early days yet! The first House competition of the Year is the House Poetry Competition which ties in with National Poetry Day next week. All entries receive reward points which will certainly help the House scores!

## Tabletop Club

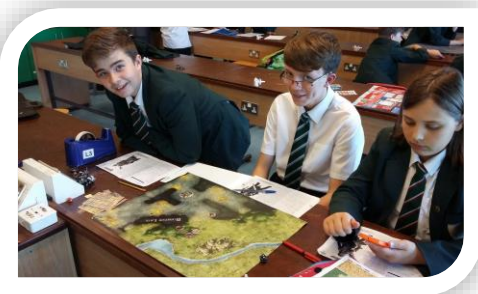
Mr Bilton – Head of Science Faculty

This Monday saw our second meeting of Tabletop Club this year. Like last week it was well attended, with groups playing games such as Warhammer, Magic the Gathering, Pathfinder and Dungeons &

Dragons. If you enjoy games

with strategy, creativity and socialising, you'll enjoy the games at Tabletop Club. You don't

need to bring anything (although you're welcome to) – just come along and join a game, or watch a game in progress. If you're artistic you might want to come along to make model scenery or paint miniature figures. If you're interested, come along to L3 afterschool on Monday (3.05pm to 4.30pm), or speak to me when you see me.



**Above left:** Students playing a game of Pathfinder, an RPG. Their party has decided to explore a cave – which happened to be a mistake since it was the home to a dragon.

**Above right:** Students battle for control of a volcanic world in this game of Warhammer 40K.

# Science Surgery

Mr Bilton – Head of Science Faculty



We're pleased to announce that from next week there will be a Science Surgery, run by one of our 6<sup>th</sup> Form Students.

Andrew Taylor (13 Willow) studies Chemistry and Physics, and performed very well in his Science GCSEs. He'll be in L3 every Friday lunchtime. If you are stuck with on some Science homework, or didn't understand something in lesson, come and see Andrew – he's really friendly!

**National Poetry Day**

8th October 2015



## House Poetry

## Competition 2015

by Sara Ash, Assistant Headteacher

National Poetry Day is being held on Thursday 8<sup>th</sup> October this year. We are linking our House Poetry Competition to this day and launching our second House Poetry competition. All entries will receive reward points that will also contribute to the House point totals. There will also be winners in the following categories:

- Overall Winner
- Junior Category Winners (7,8 & 9)
- Senior Category Winners (KS4 & KS5)
- Highly commended

The theme of National Poetry Day this year is "Light" so all poems need to be linked in some way to this theme.

All students wishing to enter the competition must ensure they hand a paper copy of the poem with their NAME and FORM clearly written on it to their Form Tutor. Deadline for entries is **Friday 23<sup>rd</sup> October**.

# PE and Health Faculty News 2015-16

Ashley Cartledge – Head of PE Faculty

## Boys football

It has been a very busy week for football with block fixtures against Queens and midweek County Cup and District League fixtures.

### Match reports :

#### 1st XI Boys Football v Westfield (District League)

**Date :** Weds 30th September

**Result :** Won 11-1

**Scorers :** Sam Yelland 3, Kobe Johnson 3, James Yallop 3, Michael Sturgess, og

**Squad :** Archie Sharp, Josh Lawrence, Alex Garvey, Andrew Fordham, Joe Marks, James Yallop, Lyes Titouah, Michael Sturgess, Kobe Johnson, Sam Yelland, George Payne



**Commended performances :** Whole team

**Comment :** Outstanding team performance with some excellent passing play and fluent counter attacking football.

#### Year 9 Boys Football v Queens B (District League)

**Date :** Sat 26th September

**Result :** Won 3-1

**Scorers :** Connor Cameron 2, Thanujan Tharmakulasingam

**Squad :** Connor Cameron, Jack Leech, Ben Faulkner, Josh Williams, Aidan Angold, Joe Manning, James Dodwell, Ethan Fiordelisi, Thanujan Tharmakulasingam, Anas Djahnit, Finlay Horastead, Joel Smith

**Commended performances :** Whole team

**Comment :** It was another very pleasing performance from the Year 9 team who displayed a disciplined defensive performance linked in with some controlled passing.

#### Year 9 Boys Football v Bushey Academy (District League)

**Date :** Tuesday 29th September

**Result :** Won 4-2

**Scorers :** Connor Atkinson, Thanujan Tharmakulasingam 2, Joel Smith

**Squad :** Connor Cameron, Jack Leech, Ben Faulkner, Josh Williams, Aidan Angold, Joe Manning, James Dodwell, Ethan Fiordelisi, Thanujan Tharmakulasingam, Anas Djahnit, Finlay Horastead, Joel Smith

**Commended performances :** Josh Williams, Ethan Fiordelisi, Connor Atkinson

**Comment :** The Year 9 team dominated the game from start to finish with Ethan Fiordelisi controlling the midfield and setting up some excellent passing play. The boys created many chances and should have won by more.

### **Year 8 v Bushey Academy (District League)**

**Date:** Wednesday 23rd September

**Result:** Won 8-1

**Scorers:** Luke Fletcher-Gray, Mohammed Djanit, Billy Garvey (2), Prince Coaster Etuk, Jake Watt and Owen O'Mahoney.

**Squad :** Zachary Faulkner, Heath Blakey, Mohammed Mansouri, James Kimber, Ross Marsh, Luke Fletcher-Gray, Owen O'Mahony (Captain), Kieran Barnard-White, Jack Leeves, Billy Henson, Jake Watt, Mohamed Dejanit, Nathan Angold, Billy Garvey, Prince Coaster-Etuk and Pavit Sangasinha.

**Comment:** A fantastic team performance from the all the boys. Every attack provided the team with an opportunity to score. A great start to the season.

### **Year 8 v Queens (District League)**

**Date:** Saturday 26th September

**Result:** Lost 2-0

**Scorers:** None

**Squad :** Zachary Faulkner, Heath Blakey, Mohammed Mansouri, James Kimber, Ross Marsh, Luke Fletcher-Gray, Kieran Barnard-White, Jack Leeves, Billy Henson, Jake Watt, Mohamed Dejanit, Nathan Angold, Billy Garvey, Prince Coaster-Etuk and Pavit Sangasinha.

**Comment:** A match where the team deserved something out of the game but unfortunately in the quarter of the game let in two goals and drops their heads. The Year 8 team are proving to be a good team in the Premier League Division.

### **Year 8 v Longdean (County Cup)**

**Date:** Saturday 26th September

**Result:** Won 5-1

**Scorers:** Prince Coaster-Etuk (2) and Kieran Barnard-White (3)

**Squad :** Mohammed Mansouri, James Kimber, Ross Marsh, Luke Fletcher-Gray, Owen O'Mahony (Captain), Kieran Barnard-White, Jack Leeves, Jake Watt, Mohamed Dejanit, Billy Garvey, Prince Coaster-Etuk and Pavit Sangasinha.

**Comment:** A great performance by the boys. They listened to instructions and moved the ball well switching play particular in the second half, breaking down the defence and scoring some excellent team goals. Special mention to Kieran Barnard White, who offered to play in goal and scored a hatrick and to Owen who showed why he is a good captain working hard throughout.



**@BMSPEandHealth**

Hello

Epoc Careers organises high-quality careers conferences for students.

Please forward this information to your Careers Advisers and students who are considering becoming doctors or lawyers.

Places are available at our next events:

**Improve Your Chances of Becoming a Doctor**

Saturday 30 January 2016, University College London

Saturday 27 February 2016, The University of Manchester

Sunday 20 March 2016, University College London - Sunday is NEW for 2016

**Improve Your Chances of Becoming a Lawyer**

Saturday 19 March 2016, University College London

For full details, including costs and booking places, see [www.epoc.org.uk](http://www.epoc.org.uk).

These one-day events run from 10:00am to 4:30pm. They are principally designed for students in years 11 and 12. Other students, staff and parents are welcome too.

As well as helping students to achieve their goals, our conferences give them a clear view of the advantages and disadvantages of a particular career. Students find these conferences valuable and enjoyable.

Earlier this month, I posted some A4 posters to your school or college (addressed to Head of Careers / Head of Sixth Form). If you would like more, you can get them from [www.epoc.org.uk/information-for-schools](http://www.epoc.org.uk/information-for-schools).

Thank you

**Frances Scott**  
Careers Adviser

