

## Y7 Receptionists of the Term Summer 2015

Aspire to Achieve



Our Y7 receptionists all do an invaluable job and we would be lost without them volunteering to assist us – thank you Year 7 for your great support.

However, some students go the extra mile and stand out amongst their peers as exceptional.

This half term many students have excelled and as we have been unable to decide on one special student for the first half of the summer term, we have decided that we have to award two students with that title – Lucy - 7Maple and James - 7Oak.

In recognition of their hard work as Y7 receptionists, Lucy and James have been awarded 15 achievements points together with a certificate of acknowledgement.

Thank you to both Lucy and James and well done from Mrs Biggerstaff and Mrs Nealon.



## Dates for the Diary

**8 - 14 June**  
**GCSE and A Level Exams**

**10 June**  
**Governors Meeting – Finance & Resource Committee 18.30-20.30**

**11 June**  
**CERN Trip Parents Information meeting – 18.30 – 19.30**

**12 June**  
**Y10 Fire Skills Course Session 12**  
**Pass Out Parade**

# STUDENTS OF THE WEEK

## KEY STAGE 3



This week's students of the week are Lewis – 7 Willow and Kara – 7 Maple, they have been nominated for producing some excellent work to assist in the 6 into 7 transition process. Before half-term Lewis and Kara were asked to produce a Me Capsule - a box containing items that represented them and showed who they are. They both produced capsules that exceeded expectations, beautifully decorated, containing an array of interesting items. These will be used as exemplars for our new Year 7 students. Thank you for your time and effort! Well Done!

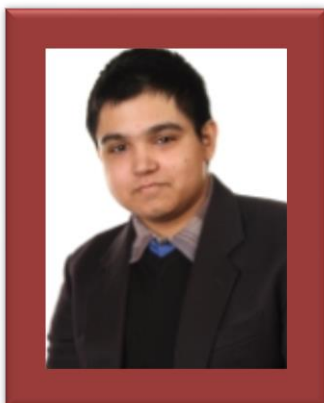
## KEY STAGE 4



### **Laila - 10 Beech**

Laila is this week's KS4 student of the week. Laila recently received an outstanding Summer term assessment report in which she scored an amazing eight 7s for her attitude to learning. Well done Laila!

## KEY STAGE 5



### **Muhammad - 12Oak**

Our KS5 student of the week this week is Muhammad who is currently in Year 12. He has been awarded this for his excellent effort in all his lessons and for his outstanding attitude to learning scores on his reports. Muhammad is currently studying Further Maths, Government & Politics, Maths and Physics.

# Consultation about a New School Day at Bushey Meads

Following an increasing number of concerns raised by parents/carers, staff and students about our school day arrangements on Friday, I would like to gather your thoughts and opinions as to a positive way forward. The issues centre around the short length of the assembly and morning registration period, the 15 minute breaktime and the shortened lunch period.

Having said that, there are also a number of clear benefits with the arrangements on Friday. Staff and students can leave earlier and the weekend can start by 3.00 pm. Staff also like the fact that there is less competition to work with students for revision sessions on a Friday.

As a reminder this is our current school day....

## Current School Day

| Monday - Thursday        |                  | Friday                   |                  |
|--------------------------|------------------|--------------------------|------------------|
| Assembly/Tutor Time      | 8.40 – 9.05 am   | Assembly/Tutor Time      | 8.40 – 9.00 am   |
| Lesson 1                 | 9.05 – 10.05 am  | Lesson 1                 | 9.00 – 10.00 am  |
| Lesson 2                 | 10.05 – 11.05 am | Lesson 2                 | 10.00 – 11.00 am |
| Breaktime                | 11.05 – 11.30 am | Breaktime                | 11.00 – 11.15 am |
| Lesson 3                 | 11.30 – 12.30 pm | Lesson 3                 | 11.15 – 12.15 pm |
| Lesson 4                 | 12.30 – 1.30 pm  | Lesson 4                 | 12.15 – 1.15 pm  |
| Lunchtime                | 1.30 – 2.15 pm   | Lunchtime                | 1.15 – 1.45 pm   |
| Lesson 5                 | 2.15 - 3.15 pm   | Lesson 5                 | 1.45 - 2.45 pm   |
| Extended Curriculum Time | 3.15 pm onwards  | Extended Curriculum Time | 2.45 pm onwards  |

## Breaking down the key issues....

### Assembly/Form Time

Our formal assemblies are now an important feature of our school and really serve to strengthen the ethos and culture at BMS, as well as raise expectation and standards across all areas. Assemblies on Monday – Thursday last 25 minutes. This gives a good amount of time for the students to enter in silence and reflect upon the initial image and Theme of the Week on the screen and sit quietly and gather their thoughts for the day ahead. The assembly can then be delivered and again a reasonable time is given at the end of the assembly to the formal dismissal and return to form rooms to collect bags and coats for lesson 1.

Assemblies on Fridays are only 20 minutes in length which disadvantages those delivering the Friday assemblies and often results in the Theme of the Week and other key issues being rushed and students arriving late to lesson 1.

### Proposal

It would be good to rationalise the assembly timings throughout the week and ensure parity for all involved. i.e. Assemblies on Friday should also last 25 minutes.

### **Breaktime**

Breaktime on Friday is rushed and the allocated 15 minutes does not support our students to purchase and consume their food in an emotionally healthy way and find it difficult to get to lesson 3 on time. With the number of students in our school increasing by 30 in September 2015 and 30 each year thereafter, this situation will only be compounded year on year.

Our BASE students struggle with the shortened length of Friday breaktime (especially those with medical needs) and are often late and rushed as they endeavour to get to lesson 3 on time.

Breaktimes on Monday to Thursday last for 25 minutes which could be argued as generous. 20 minutes might be sufficient.

### **Proposal**

It would be good to rationalise the break timings throughout the week and ensure that all breaktimes are long enough for students to eat in an emotionally healthy way and get to the next lesson on time.

- a) Friday break should be extended to 20 minutes.
- b) Breaktimes on Monday to Thursday could remain at 25 minutes in length but could also be shortened to 20 minutes to ensure parity across the week.

### **Lunchtime**

Lunchtime on Friday is rushed and the allocated 30 minutes is only just about enough time for all students to get through the School Restaurant. Students can just about eat their lunch in an emotionally healthy way, but there is a rush to get all students to lesson 5 on time. With the number of students in our school increasing by 30 in September 2015 and 30 each year thereafter this situation will only be compounded year on year.

### **Proposal**

It would be good to extend the Friday lunchtime to ensure that enough time is given for all students to eat in an emotionally healthy way and get to the lesson 5 on time.

- a) Friday lunch should be extended to either 35 or 40 minutes and lunchtimes on Monday to Thursday could remain at 45 minutes
- b) Make every lunchtime equal in length throughout the week and allow 40 minutes for lunch on each day to ensure parity across the week (this may impact on extra-curricular lunchtime activities)

### **So as a way forward for discussion...**

There are two consultation documents available on our school website – one for students and one for parents and carers. Please feel free to download them and have a careful look at the six different proposals for a new school day from September 2015, alternatively you can click on the following link to access: <http://www.busheymeads.org.uk/new-school-day-consultation/>

Please complete the response slip at the end of each relevant consultation document and return to the School Reception by **Friday 19<sup>th</sup> June**.

We do want to hear your views so do get involved in the consultation process.

Mr Turner  
Executive Principal

# End of Year BMS Examinations

Jeremy Turner, Executive Principal

Whilst our hardworking Year 11 and Sixth Form students have been completing their GCSE, AS and A2 public examinations, students in Years 7 – 10 have also been taking their very important end of year exams.



These exams have either taken place in classrooms under strict exam conditions or, for the core subjects, in the school's gymnasium. This has given all students a real taste of what it feels like to sit the all-important public examinations when they themselves are in Year 11 or the superb BMS Sixth Form. Students at all levels have taken the exams seriously and we look forward to celebrating some very good end of year results.



## Key Stage 3 Students' Examination Experiences

Mr Arnold – Assistant Headteacher KS4



Well done to all the Key Stage 3 students who have recently been sitting their end of year examinations.

These examinations came to an end this week with Year 9s completing their papers. The core subjects of English, Maths and Science carried their tests out under formal conditions in the school's exam venue - the gymnasium - with invigilators overseeing the process. All other subject exams took place in lessons under the supervision of the class teacher.

These exams gave our students an early experience of what it will be like to sit future exams. All the students were very well behaved and followed the stringent requirements to the letter. It was pleasing to see how well so many of the students had prepared for the exams and how seriously they took them.

Fatima Iqbal of 9 Maple said "I made notes from my English and Maths exercise books and highlighted key facts. The exams have helped me see what the real exams will be like and they will help me achieve."

The exams will, along with the 'in year' assessments, help to give teachers an accurate picture of everyone's attainment and progress over the year and this information will form part of the summer assessment and report communicated home later this month.

Above all, the students found the experience positive and motivating helping them to fix their sights on achieving outstanding GCSE results from 2017 onward.

# Year 10 PPE Exam Week

Mr Arnold – Assistant Headteacher KS4

Year 10 students have come back into school energised and refreshed ready for the Summer Term. This term is particularly important as Year 10s are working towards their Pre-Public Examinations (PPEs) that assess their learning of everything they have covered in their GCSEs.

Clearly, it is anticipated that your child will do as well as possible in these exams as it provides teachers with information to make sound judgments about a student's progress and also provides a great number of answers to some important questions:

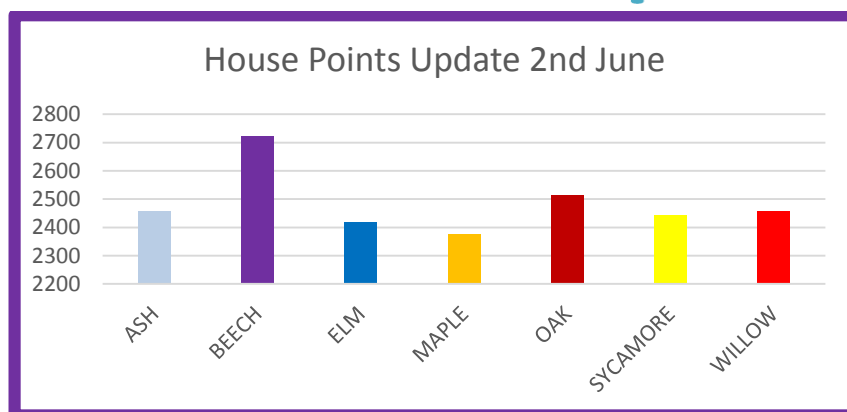
- How well has your child revised?
- How well does your child cope with exams?
- How much support is needed for your child to be even more successful?
- Did your child put in the maximum effort for these exams?
- 

Year 10 students are being given advice in tutorials on how to effectively revise for the PPEs and each subject area is providing further support and details concerning exam paper content.

The PPE Week officially begins on Monday 22nd June and will run until Tuesday 30th June with formal examinations taking place in the Gymnasium. The students will then receive their exam grades in a specially convened results afternoon in July with further details to follow soon.

Exact timetable details can be found on Bushey Meads' website.

## House Points Update



Current house points totals:

|          |      |
|----------|------|
| BEECH    | 2723 |
| OAK      | 2514 |
| ASH      | 2457 |
| WILLOW   | 2456 |
| SYCAMORE | 2442 |
| ELM      | 2419 |
| MAPLE    | 2377 |

Beech House is starting to pull away! Willow House and Sycamore House have swapped positions again this week with Elm House in close pursuit.

All reward points that individual students achieve contribute to the House points so there could well be big changes in the weeks to come.

# BMS Study Saturdays

Jeremy Turner, Executive Principal

Students in Years 11 - 13 continue to have a real focus on achieving the very best results in the forthcoming examinations and so many staff have commented on their hard work and determination to succeed. Attendance at revision sessions during the half term holiday was high, as was the number of students who came down for last week's Study Saturday.



As always, there was a very purposeful atmosphere during the four hour general revision session and many students really appreciated time to work together in the superb Sixth Form Study Centre with its access to Chrome Books and high speed broadband.



The free drinks also helped the motivation levels!

## A Ground-Breaking New Research Opportunity for Bushey Meads School

Hilary Morawska, Deputy Headteacher

You will know from reading our newsletter and through reviewing the learning of your child, that one of our many priorities has been to improve how we mark the learning and more importantly, how we feedback improvements for your child to action, in their future learning.

Our focus on marking for learning and progress, this year, has been driven through the outstanding delivery of exciting strategies by our Advanced Lead Teachers, within our professional development meetings. As our staff continue to share good marking and feedback for learning strategies, we seek to constantly refine and develop our practice to support improved student understanding and outcomes.

It was, therefore, with great excitement that an application was submitted to the SSAT (The School's Network) who have been awarded funding through the Education Endowment Foundation, to be part of a nationwide project. The project known as 'Embedding Formative Assessment', is a two year project in which Bushey Meads will work closely with specialists to implement a professional development programme on the delivery of formative assessment in school. The benefits of this will ensure improved professionalism and understanding, of our staff, for them to deliver outstanding assessment for learning. Something to which Bushey Meads aspires and upon which our journey has already begun.

This will be a fantastic opportunity for Bushey Meads to gain access to resources authored by Professors Dylan Wiliam and Paul Black ('Inside the Black Box') and to be guided by SSAT's Lead Practitioners, when embedding formative assessment across the whole school.

The project will be evaluated by a team from the National Institute for Social and Economic Research. Alongside the process of evaluating how the materials are being used in schools, anonymous GCSE outcomes of intervention at the end of the second year (summer 2017) will be used to estimate the impact of the programme on academic attainment. The evaluation report will be published in Spring 2018.

We were delighted, therefore, to find ourselves selected from schools, nationwide, as one of 120 schools to go through to the final selection and are busy gathering the final documents to submit to SSAT, in support of this. I will advise further on the outcome, later in the term. Meanwhile, it was very encouraging to have the excellent work currently practiced at Bushey Meads recognised and deemed an appropriate platform to implement this exciting project.

Well done to staff and students for embracing and continuing to refine our marking and feedback strategy.

# STAFF PROFILE – Kerry Williams - SENCO



We are pleased to introduce you to our new SENCo – Ms Kerry Williams.

Ms Williams moved into special educational needs following ten years teaching History at Hatch End School, where fate led her to step in as SENCo there. She was subsequently SENCo at St Joan of Arc School for four years, and also during her last year there consulted in an SEN capacity at Falconer School. She has now returned to Hertfordshire from Harrow Lower Hill High School where she was also SENCo.

She says she is delighted to become a member of the team at Bushey Meads. She is aware that it is a school well regarded for its inclusivity and already identifies the nurturing feel to the school, which aligns with her SEN values. 'Every young person can aspire to achieve regardless of barrier' she stated.

In her spare time, Ms Williams enjoys running and football. She ran the London Marathon this April in 3 hours 43 minutes (a great achievement!), but she much prefers 10kms and so far plans to never run another marathon again! She explained that she underestimated the time and commitment it took. Her family, her son in particular, follow Watford Football Club and it has been a great season for them, she commented, if you forget the last goal in injury time on the final home game.

She then continued to tell me about further interests as follows: 'I never thought I would become a gardener, but I do enjoy visiting garden centres with my Mum. Most of all, I like weekend and holiday time with my family and we try to plan some adventurous trips. We went to India for Christmas and that was amazing. But the half term just gone was spent in a magical place called Seahouses in Northumberland and they have beautiful wind swept beaches to challenge those of Australia'.

All areas of SEN and new developments and research within the major SEN areas interest me but I have a personal pull towards Autism. Work done by HOPE and NAS is great. At the moment I am involved in a Bristol University piece of research about how young people with Autism can develop their skills in reading the more subtle non-verbal facial expressions, in the hope to improve their overall interaction and communication skills via a new app. It's very interesting research which could make the whole world of difference in the quality of lives for those with ASD.'

Please join me in wishing Ms Williams a very long and successful career here at Bushey Meads.

## JUNIOR DEBATING SOCIETY

E Pinkus

You may be wondering why there are no debates taking place at present. The reason is that our junior debating society is preparing for their summer examinations. However, after these they will be running debates on alternate weeks and hope that many students will attend. Issues such as single sex schools, free university education, whether mothers should stay at home to raise their children are among the many topics that will be discussed.



We look forward to seeing you at these debates and in the meantime, we wish our junior debating team good luck in their exams.

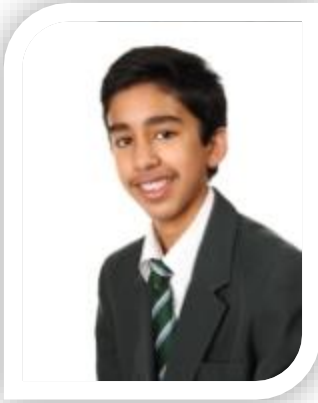
# An Opportunity Taken

Hilary Morawska, Deputy Headteacher

*Having just witnessed an awe-inspiring assembly on the benefits of making the best of opportunities, I was delighted to receive an email from Rikhil Mehta. On opening the attachment, I read with enthusiasm about Rikhil's desire to become one of our Student Learning Consultants. The role of Student Learning Consultant is a prestigious role in our school and one which comes with responsibilities. No more so than being the ambassador for our learning community when greeting visitors to our classrooms and the link between the Deputy Head Teacher and the student learning experience. It is a role which requires maturity and a passion for learning and supporting the school as it continues its progress towards delivering an outstanding learning experience. Therefore, Rikhil, in his letter of application had to present his experience and commitment to this role in order to be selected. I am sure as you read his letter, that you will agree with me that Rikhil has made a fine representation of his studentship and rightly gains access to this role. Well done to Rikhil for taking this opportunity.*

Dear Ms Morawska,

My name is Rikhil and I am in 9Ash form.



I would like to become a Student Learning Consultant as it is a great opportunity to develop and learn new skills and be part of a team that concentrates on the improvements around school. In addition to this, I would love to give something back to the school which has helped me realise my potential and pushed me to my limits. Bushey Meads has made me realise how important our education is and how those who value it and work hard have the ability to achieve their goals. This is something I would like to pass on to the younger years, who may not realise it. Furthermore, the experience and opportunities that this role offer will help me see the school from a different perspective and with this responsibility, I feel I can make a difference and possibly offer something different to other Student Learning consultants. I am extremely passionate about this role and want to help improve our school system so that the students can achieve their maximum capability. I want to express the thoughts of students who have an

opinion on certain matters such as the new consequence/rewards system and the teaching within school. With this, we can help make a positive difference which students and teachers both agree on. I believe that I am confident, enthusiastic and hardworking which would be displayed if I was to become a Student Learning Consultant.

I am fairly experienced and the skills which I have developed along the way make me suitable for this role. I am part of a charity organisation called Shishukunj, who I've been with since the age of 6. Shishukunj helps develop young children into confident leaders. I run activities for the 6-7 year olds and this has helped me gain leadership skills. I have to write weekly plans about my activities for the upcoming week and I have to do my school work as well, so this has helped me with my time management skills. Another activity I do is play the tabla. It is an Indian percussion instrument which I perform at concerts with. I also teach children how to play the tabla at the Pandit Ram Sahai Sangit Vidyalaya, where I also learn. I teach 4-6 year olds how to play and these are extremely important years for them as they learn their technique and posture. For this responsibility, I have gained leadership and confidence skills.

Overall, I feel I am capable to take on this role and responsibility and the work I produce will without a doubt be at a high standard. I am definitely passionate about this role and I would love to be a Student Learning Consultant as I want to help improve the learning system in our school.

I hope you take this letter into consideration. Look forward to hearing from you soon.

Best Regards,

Rikhil

# Bushey Meads students achieve sporting excellence

Mr Cartledge – Head of PE Faculty

## Dominic – 11Ash



Last summer, we reported on the amazing achievements of Dominic in Year 11 who broke the 100m Hertfordshire County record that had stood for 31 years. Dominic has continued his development and has spent the winter in training with the National Bobsleigh squad. Last Sunday Dominic competed in the Bedford Games and produced another outstanding performance recording the fastest 100m run by an Under 17 in the UK this year.

The Dacorum Athletics club reported:

“Dacorum & Tring sprint star Dom crashed through the 10.60 barrier in a 100m race today at the Bedford International Games, posting a huge personal best of 10.56 in his heat and qualifying for the final with all the top sprinters in the UK – most of whom were at least a year older than him.

Fellow competitors racing alongside Dom today included the likes of Adam Gemili, the 2014 Commonwealth Games silver medallist, and Jonny Peacock, Team GB’s gold medal winner at the 2012 Paralympics.

Dom won his heat in 10.56, the only athlete of the seven in his race to go under 10.60 – including seventh-place finisher Peacock. His time now vaults him up to first place in the UK rankings for U17 men for the year to date, and puts him in a strong position for selection to the 2015 Youth Commonwealth Games, which are being held in Samoa in October.

His lightning fast-time qualified him for Race 2 of the final, where he finished second in a speedy but wind-assisted 10.52 – the same time given to winner Kyle De Escort of Birchfield Harriers (who is 18 years old).

Dom, who is still only 15, was the youngest of all the athletes racing today and his result is another fine testament to the coaching skills of Gavin and Sarah Town, who have brought him up from a good club runner to the very top of the national rankings.



## Former student - Charlie Goode



Charlie was a Bushey Meads student for 7 years and left in the summer of 2013. Charlie, 19, plays semi-professional football for Hendon FC in the Ryman League. This season Charlie was voted the clubs Under 21 Player of the Year and last week was selected to play for the England C team. The England C team is a national squad made up of the best non-professional players in the country. On Monday 1<sup>st</sup> June Charlie made his debut for the squad and came on as a 73<sup>rd</sup> minute substitute in a match against the Republic of Ireland Under 21's. England won the game 2-1 and it is fantastic to see a former student gaining international recognition.

Charlie and Dominic are both excellent examples of what can be achieved in sport and we look forward to following their progress in the future.

## BMS Cricket

Bushey Meads have made a winning start to the cricket season with opening wins for all 4 of our cricket teams :

### Year 7 Cricket v Bushey Academy

**Date** : Thurs 21<sup>st</sup> May 2015

**Result** : FCA 48 for 4 (15 overs) BMS 50 for 2 (9.2 overs) BMS win

**Bowling** : H Ali, E Pike and James Kimber 1 wicket each

**Batting** : J Kimber 5 not out

**Comment** : A good start for the Year 7 Cricket team winning the game by 8 wickets.

**Team** : J Kimber, V Christian, N Angold, B Garvey, A Shrestha, H Ali, R Marsh, L Reid, E Pike, C O'Leary, P Sangasinha and K Barnard-White



### Year 8 Cricket v St Joan of Arc

**Date** : Weds 13<sup>th</sup> May 2015

**Result** : SJA 94 for 5 (15 overs) BMS 95 for 3 (14.4 overs) BMS win

**Bowling** : F Patel 3 for 22, A Sureshkumar 1 for 7, V Kerai 0 for 27, D Patel 0 for 14, S Kazmi 1 for 22

**Batting** : F Patel 38 not out, D Patel 11 not out

**Comment** : An excellent start to the season for the Year 8 Cricket team with a last over victory in a very close game with St Joan of Arc. Special mention to Ferin Patel for an outstanding batting and bowling with display.

**Team** : J Rajendran, F Patel, D Patel, S Kazmi, M Mohammed, J Jeyanathan, A Sureshkumar, A Tooley, Methusan, V Kerai, B Faulkner

### Year 9 Cricket v Francis Combe Academy

**Date** : 5<sup>th</sup> May 2015

**Result** : BMS win

**Bowling** : L Castello 3 for 4, C Bedwell 1 for 3, S Sindhi 1 for 2

**Batting** : C King 14 not out, J Blagden 1 not out, A Raja 1.

**Comment** : A very dominated first over from L Castello removing three of the oppositions opening batsmen allowed for the bowling duties to be shared amongst the team. Chasing only 42 to win BMS reached a total of 43 for 1 from just 5.3 overs.

**Team** : Chris King ©, Callum Bedwell (wk), Luca Castello, Adam Marks, Jay Downes, Rik Mehta, Jake Zimmatore, George Whitman, Joe Blagden, Sahil Sindhi, A Raja.

### Year 10 Cricket v St Joan of Arc

**Date** : Weds 20<sup>th</sup> May 2015

**Result** : SJA 31 all out (9.1 overs) BMS 35 for 2 (3.4 overs) BMS win

**Bowling** : L Dobson 3 for 3, D Finley 1 for 5, N Shah 2 for 0

**Batting** : B Heels 11no, L Dobson 11no

**Comment** : Very convincing win in the opening fixture of the season as the team chases their 3<sup>rd</sup> District League winning cricket success.

**Team** : T Harford, L Dobson, D Finley, K Johnson, L Cozens, M Venning, B Heels, T Peskin, O O'Reilly, J Bhatti, N Shah

# News from Oak House

Mr O’Kelly, Head of Oak House, writes...

I have been asked to prepare a short section on Oak House for the newsletter. I am very happy to say that I have very much enjoyed the first year as Head of House and have found the range of extra-curricular opportunities and the ability to lead the House assemblies both exciting and rewarding.

Many of our students have worked tirelessly this year and I am very proud to announce the students in Oak House who have shown exemplary behaviour and work of such high quality they have been rewarded under the new school reward system.

As of the 2<sup>nd</sup> of June the current students at the top of the Oak House reward points are:

- 1<sup>st</sup> – Jasmine Phillips 80 – 69 points
- 2<sup>nd</sup> – Simeon Ben-Nathan 90 – 43 points
- 3<sup>rd</sup> – Thomas Lake 90 – 43 points
- 4<sup>th</sup> – Alice Alefounder 90 – 42 points
- 5<sup>th</sup> – Jake Zimmatore 90 – 42 points

I am very pleased to be able to inform that the current total for the entire Oak House is a huge **1963 points**. Keep up the hard work!



## Oak House Charity

Vasil Stefanov 130 writes....



**Lucy stands for “Life’s Urgent Care for the Young” and Lucy Air Ambulance for Children is the UK’s first dedicated air transfer service to fly critically ill infants and children from local hospitals to the relevant centre of excellence, supported by professional staff trained for in flight care. Lucy will work alongside the NHS to deliver the highest standards of service to give the best survival chances.**

**Certain children require time critical access to specialist lifesaving support, which is not available to them locally. Thus the charity has pulled together some of the best experts in their field to bring Lucy Air Ambulance service to life and with your help; we can continue to help our critically ill children across the country.**

**Oak House are proud supporters of Lucy’s Air Ambulance, any charity events that Oak house organises, all proceeds will go to helping fly children for emergency health care.**

# Opportunity

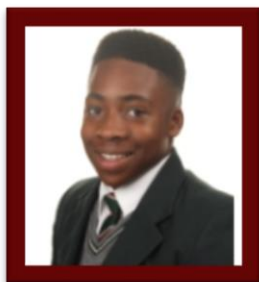
Mr O'Kelly writes ...

Our last House task was regarding opportunities. The students in Oak House are given many opportunities throughout their school career and getting involved with the House schemes in school is very important.

The task required student to try to think carefully about their future, what was it they wanted to do or where was it they wanted to go? Setting themselves an outcome goal for the future.

They then needed to look at how they can achieve this, what is it they planned to do differently or what they were going to focus on to make sure their outcome goal becomes a reality. This method is referred to as setting a performance goal.

Some to the Oak House goals can be seen here:-



Victor, 9O writes...

Outcome goal – To get back into the Watford and District football team.

Performance goal – To begin playing football as soon as possible following my injury.



Michal, 9O writes...

Outcome goal – To get an apprenticeship as a stock broker working hard and eventually helping other candidates through their apprenticeship.

Performance goal – To 'do well' in my subjects including – Economics, Business Studies, IT and History

## House Council Members

Amir



Hi, I'm Amira, currently in Year 10 and I am the House Captain. I am a member of the Oak House Council and enjoy promoting our lovely house in whatever competitions arise, such as Poetry and Music and hopefully more in the future! I am a proud promoter of the Oak House values – being Outstanding, Achieving and Kool.

Aidan



My name is Aidan, I am in Year 9 and my form teacher is Mrs Da Silva, I am Deputy House Captain for Oak. I have had the responsibility to hold some of the House meetings about the House charity and I have enjoyed the experience. I support Arsenal FC and enjoy spending time with my friends and family.

I really enjoy reading and going out in my spare time and contributing around the school by being a Faculty Minister for Technology, the Arts Faculty Journalist and a Sports Leader.

In my spare time I like to play FIFA and am a keen sportsman. I play right back for the school football team. I also play for a football team outside of school.

If you ever need to contact me about school issues, feel free to send me an email at [11izhara@busheymeads.org.uk](mailto:11izhara@busheymeads.org.uk) Or alternatively, you can find me at form times in the morning in F1.

If you need to get in contact with me my email is [12omahonya@busheymeads.org.uk](mailto:12omahonya@busheymeads.org.uk) If you want to discuss any queries, my form room is E4, come and find me in the mornings.

## Gold Medal Winning Athlete Visits Bushey Meads Athletics Satellite club

Mrs S.Cooper – PE Teacher

Bushey Meads athletes took a break from their Watford Harriers training on Tuesday, to meet Commonwealth gold medalist and Olympic 200m finalist Abi Oyepitan.

Abi visited along with local dignitaries, Cllr Martin Worster and Mrs Pam Worster, Cllr Paul Morris OBE and Cllr Brenda Batten to witness the Athletics Satellite club running in conjunction with Watford Harriers.



Funded through the School Sports Partnership (SSP) students at Bushey Meads have been lucky enough to receive expert coaching from local club Watford Harriers. Sessions have been running after school every Tuesday since February and to date over 80 different students have attended.

Abi, part of the Sporting Champions Scheme, was invited along to the event by Helen Hopkins from the SSP. Abi gave an insightful talk into the highs of being an international athlete as well as the trials and tribulations of an elite athlete trying to recover from injury. She encouraged the students never to give up but to follow their dreams and take the opportunities put in front of them.



The guests were then invited to observe the coaching sessions taking place. Some students were also lucky enough to have the opportunity to run and have coaching with Abi. The councillors were really impressed with the way the students interacted with the coaches and how the sessions were inclusive of all students irrespective of age, gender and ability.



Watford Harriers have been doing a fantastic job engaging and coaching the students and it is hoped the Satellite club will continue to develop and grow over the next three years. Some students have taken their new found love for athletics and joined the Harriers outside of school. The coaching sessions will continue throughout the Summer term and it's never too late to join: **Tuesday's 3.15 - meet in the Sportshall!**

Bushey Meads would like to thank Watford Harriers for the hard work they are putting in to engaging our students, and the SSP for providing the funding for making it happen. We look forward to seeing Abi again in the near future as part of her role as a 'Sporting Champion' she will be into visit the school on several more occasions.



## END OF YEAR 10 EXAMS

|                      | 9.05am   | 10.05am                           | 11.30am | 12.30pm                         | 2.15pm                  |
|----------------------|--|-----------------------------------|---------|---------------------------------|-------------------------|
| MONDAY<br>JUNE 22    | ENGLISH LANGUAGE /LITERATURE<br><br>1 HOUR 45 Mins | PE<br>1 HOUR                      |         |                                 | CHILDCARE<br><br>1 HOUR |
| TUESDAY<br>JUNE 23   | MATHS<br>1 HOUR 45 Mins<br>Non Calculator          | BUSINESS STUDIES<br>1 HOUR        |         | PHYSICS<br>Sets 1 & 2<br>1 HOUR | HISTORY<br>1 HOUR       |
| WEDNESDAY<br>JUNE 24 | DISTRICT SPORTS DAY - NO EXAMS                     |                                   |         |                                 |                         |
| THURSDAY<br>JUNE 25  | GEOGRAPHY<br>Unit 3 - 1<br>HOUR 15 Mins            | CHEMISTRY<br>Sets 1 & 2<br>1 HOUR |         | BIOLOGY<br>Sets 1 & 2<br>1 HOUR | RS<br>1 HOUR            |
| FRIDAY<br>JUNE 26    | INSET DAY - SCHOOL CLOSED                          |                                   |         |                                 |                         |

|                     | 9.05am   | 12pm   | 2.15pm            |
|---------------------|--|--|-------------------|
| MONDAY<br>JUNE 29   | TECHNOLOGY -<br>1 HOUR 45 Mins<br><br>CATERING<br>1 HOUR 15 Mins | COMPUTING<br>1 HOUR 30 Mins<br><br>ICT<br>1 HOUR 30 Mins | FRENCH<br>1 HOUR  |
| TUESDAY<br>JUNE 30  | MUSIC<br>1 HOUR 30 Mins  | <b>12.15pm</b><br>PSYCHOLOGY<br>1 HOUR 15 Mins           | SPANISH<br>1 HOUR |
| WEDNESDAY<br>JULY 1 | ART<br><br>1 HOUR 45 Mins in ART ROOMS                           | NORMAL TIMETABLE   | NORMAL TIMETABLE  |

|                    |                  |                  |                  |                  |                  |
|--------------------|------------------|------------------|------------------|------------------|------------------|
| THURSDAY<br>JULY 2 | NORMAL TIMETABLE | NORMAL TIMETABLE | NORMAL TIMETABLE | NORMAL TIMETABLE | NORMAL TIMETABLE |
| FRIDAY<br>JULY 3   | NORMAL TIMETABLE | NORMAL TIMETABLE | NORMAL TIMETABLE | NORMAL TIMETABLE | NORMAL TIMETABLE |