

## YEAR 7 SETTLING-IN EVENING 2017

It was lovely to see so many of our new Year 7 parents and carers attend our annual Year 7 Settling-In Evening on Thursday of this week. It was a chance for them all to meet their child's Form Tutor and hear some of the really key messages at this important time of their education.



Assistant Headteacher Mrs Wright and Senior Pastoral Manager Miss Dhanecha talked about some of the 'teething issues' experienced over the past few weeks and reminded parents about the Learning Gateway,

accessed via the school website. This is a great way to monitor how the students are doing in school and access the all-important school reports published each term.

Miss Dhanecha reminded parents about the crucial importance of excellent attendance – always aiming for 100% attendance and highlighted the impact that this has on student outcomes and success in school.



The evening ended with an amazing Dance Performance that reminded us all of how well the students at BMS achieve in so many different areas of school life.



### Dates for the diary

**Thurs 21<sup>st</sup> Sept**  
**Early finish due to Open**  
**Evening at 12:30pm**

**Thurs 21<sup>st</sup> Sept, 6:00pm**  
**Open Evening**

**Fri 22<sup>nd</sup> Sept**  
**Staff Inset Day**

**Tues 26<sup>th</sup> Sept, 7:00pm**  
**Yr 12 Parents Info Eve**

**Fri 29<sup>th</sup> Sept**  
**Enrichment Day**

**Fri 6<sup>th</sup> October**  
**Year 9 Trenches Trip**

**Tues 10<sup>th</sup> October**  
**Student Group**  
**Photo Day**

**Tues 10<sup>th</sup> October**  
**House Countdown**  
**Competition**

*Our school has a Mind to be Kind*

# THEME OF THE WEEK - RESPECT

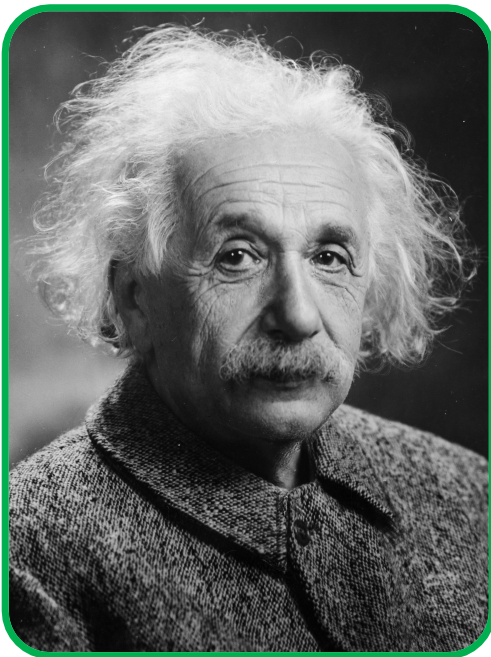
Mrs Ash – Deputy Headteacher

Assemblies and tutor activities this week focused on the theme of Respect - one of our three new core values:

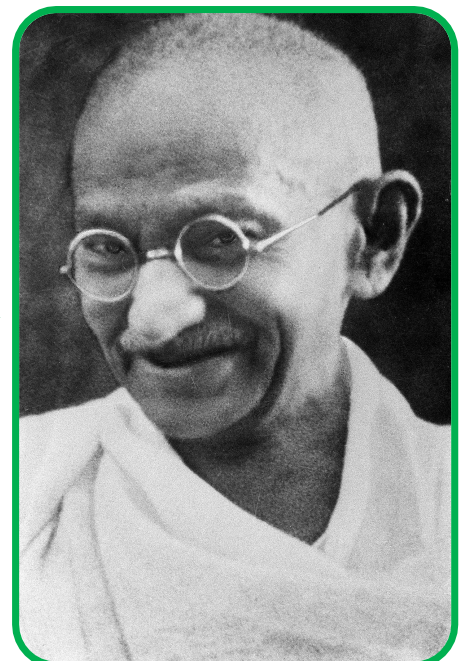
## RESPECT RESPONSIBILITY RELATIONSHIPS

We focused the way in which we can show respect to other people, even if we do not like them, what they say or what they believe – all human, all precious.

The assembly looked at some quotes from famous people such as Albert Einstein and Mahatma Gandhi and how they viewed respect:



*"I speak to everyone in the same way, whether he is the garbage man or the president of the university."*



*"It's always been a mystery to me how people can respect themselves when they humiliate other humans."*



During the Tutor Activity students considered how they as individuals could actively show more respect during each day and agreed the following pledges:

- ✓ I am going to **listen more carefully** to my friends and family this week
- ✓ I am going to make sure that **encourage at least one person** every day
- ✓ I am going to make sure that I **thank at least one person** for something they do (family, friends, member of the community etc.) each day this week
- ✓ I am going to make sure that I **say please and thank you more often** over the next few days and weeks – particularly to those people who I have perhaps taken for granted

## A mind to be kind

Bushey Meads School constantly and explicitly promotes relationships that focus students on learning behaviours and progress. Everyday our students celebrate their differences by living without harm, acting with kindness and showing respect for one another.

As a school community and as individuals we have '**A mind to be kind**' following the three principles:

- Live **without HARMING** others
- Do Acts of **KINDNESS**
- Show **RESPECT** for others

Students looked at a variety of quotes and discussed their meanings. They were then asked which quote they liked best and why? Which quote do you like best?

**Show respect even to those who don't deserve it;  
Not as a reflection of their character,  
but as a reflection of yours.**

**One of the most sincere forms of respect is actually listening to what another has to say.**

"Respect other people's feelings. It might mean nothing to you, but it could mean everything to them."

"I must respect the opinion of others even if I disagree with them."

*Ultimately showing respect to other people is about being a kind and considerate person.  
"A mind to be kind"*

# COUNTY COUNCILLOR MARK WATKIN

## “MIGHTILY IMPRESSED WITH BMS!”

Mr Turner – Executive Principal

It was really great to welcome County Councillor for the Nascot Ward, Mark Watkin to Bushey Meads School on Tuesday of this week. He had already heard much about our exciting journey of school improvement and the superb results that our students had achieved over recent years and wanted to see for himself the transformations that had taken place in the school. This is what he wrote to me after the visit:

*“Thank you so much for giving me so much of your time today and with it the chance to meet so many members of your staff and your students. I trust it was self-evident that I was mightily impressed with all that I saw and heard. Your school embodies the inclusive and challenging values that I believe will serve your students well in later life.”*

I would like to thank all the students and staff who spoke to Mark and made him feel so welcome – it was an honour to have him visit our school.





# STUDENTS OF THE WEEK

## KEY STAGE 3



### **Lucie (8 Oak)**

This week's KS3 student of the week is Lucie – 8 Oak. Lucie is a wonderful student who applies herself with dedication and interest to all of her subjects. She currently has a whopping 28 achievement points and is at joint top for all of KS3! In Lucie's summer term assessment she achieved an ATL of 6 or 7 in all her subjects. Keep up the excellent attitude and no doubt you will have another amazing year at BMS! Well done!

## KEY STAGE 4



### **Mya (10 Maple)**

This week's KS4 student of the week is Mya – 10 Maple for her brilliant work ethic and attitude. Mya is a hardworking student who is at the top of achievement point leader board for KS4. She had an excellent fantastic summer term assessment with high ATL scores and excellent attendance. She has also produced some excellent GAP tasks over the summer. Keep up the great work Mya!

## KEY STAGE 5



### **Michael (13 Sycamore)**

Michael can be very proud of his achievement in year 12. Working with outstanding focus and a never wavering effort he managed to achieve the excellent result of 3 A's and a C grade in his AS exams and PPE's. We are confident of continued success for Michael as he moves into his final year of studies and look forward to seeing him engrossed in his studies in the sixth form centre.

# ATTENDANCE MATTERS

## EVERY SCHOOL DAY COUNTS

Mrs Ash – Deputy Headteacher

At Bushey Meads School we recognise that one of the most important keys to success is an outstanding attendance record. Each year we aim to achieve a minimum school attendance figure of 96%. Research shows that the lower the attendance percentage the lower the attainment at GCSE. We might think that 95% attendance is good but if you then equate that to missing 10 days of school in a year or 50 lessons!

Attendance Percentage	Days missed over a school year
100%	0 days
95%	10 days
90%	20 days
85%	30 days
80%	40 days

**The greater the attendance the greater the achievement.**

### TOP TIPS TO ENSURE OUTSTANDING ATTENDANCE:

- ✓ Come to school unless you are ill enough to see a Doctor
- ✓ Don't take holidays in term time
- ✓ Try to make medical appointments after school
- ✓ Talk to teachers or your parents if you are worried about something

### ATTEND AND ACHIEVE!

- ⇒ If you miss school this will affect your **attainment**
- ⇒ Make sure you **catch up** on all work you miss
- ⇒ Ensure your attendance remains above **96%**, allowing you to **achieve** your potential





# WORD OF THE WEEK (WOW)

Ms Bowe – Lead Practitioner for English and Whole school Literacy

*Language is empowering*



**Word of the Week**

11.9.17

early 17th century (earlier (Middle English) as *veneration*): from Latin *venerat*- 'adored, revered', from the verb *venerari*.



**Pronounce it:** *ven-er-ray-shun*

Noun

**Definition**

- a feeling of profound respect for someone or something.
- religious zeal; the willingness to serve God

# Veneration

Veneration is similar to worship or respect: we feel *veneration* for things and people we adore and are devoted to completely.

This is a strong word. The main meaning was for a type of religious zeal: if you unquestionably believe in your religion, then you feel and show veneration for your god and beliefs. However, *veneration* can apply outside religion when you have enormous respect for something or someone. Great people like Martin Luther King or Mother Theresa inspire veneration. If you feel a combination of awe and love for someone, you are full of veneration.

Sentence example:

*-Her love of football bordered on veneration.*

*-We are often taught we should venerate our parents and elders.*

**Use it instead of:**

awe, fear, respect, reverence, devotion, idolatry, adoration.

*Challenge: use this word in a conversation, or piece of writing this week.*

## MATHS CHALLENGE OF THE WEEK

Mr Akram - Lead Practitioner for Maths

### 2017 - Maths Challenge 2

#### Maths Challenge Level 1

I add five to nine, and get two. The answer is correct, but how?

#### Maths Challenge Level 2

Using only addition, how can you add eight 8's to get the number 1,000?

#### Maths Challenge Level 3

If  $9999 = 4$ ,  $8888 = 8$ ,  $1816 = 6$ ,  $1212 = 0$ , then  $1919 =$

When you have completed any of the challenges, Your tutor will award reward points.  
Good luck and enjoy.

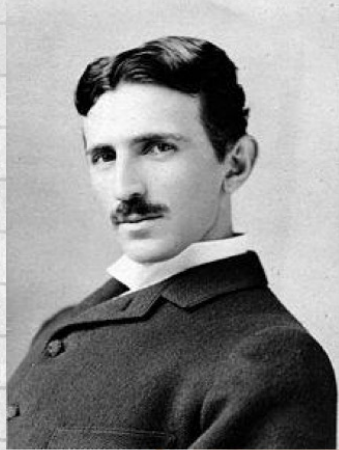
# SCIENTIST OF THE WEEK

Mrs Razavi – Senior Science Technician

Nominated  
by Adem  
Penver

## Nikola Tesla

Nikola Tesla is a well known inventor who developed AC generators which we still use today!  
Born in 1856 in Croatia he immigrated to America in 1884, with nothing more than the clothes on his back. Luckily he was able to find work with the man widely (and wrongly according to some) credited with discovering electricity; Thomas Edison. Closer to the end of his life he started a project to provide free electricity to everyone!



What kinds of fields do AC generators use?

Got the answer, or want to nominate a scientist?  
E-mail [Razavim@Busheymeads.org.uk](mailto:Razavim@Busheymeads.org.uk)

21 Sc Scandium 44.95591	39 I Iodine 126.90447	40 Eu Europium 151.964	7 N Nitrogen 14.00643	22 Ti Titanium 47.88	16 S Sulfur 32.06	45 Tm Thulium 168.9328	8 O Oxygen 15.999	9 F Fluorine 18.998
36 Kr Krypton 83.80	63 Eu Europium 151.964	74 W Tungsten 183.84	62 Eu Europium 151.964	63 Eu Europium 151.964	19 K Potassium 39.0983			

## PASTORAL NOTICES

**Mobile Phones** – Please note that the use of mobile phones for KS3 and KS4 students is strictly prohibited during the course of the school day. All phones need to be switched off and should not be seen at all by staff. Any violation of this rule is subject to confiscation for up to two weeks depending on the circumstances.

**Plimsols** – Please be aware that the Pastoral office will no longer be loaning plimsols to students for use on the astro at break and lunch. If you wish to play on the astro, please ensure that you bring in trainers.

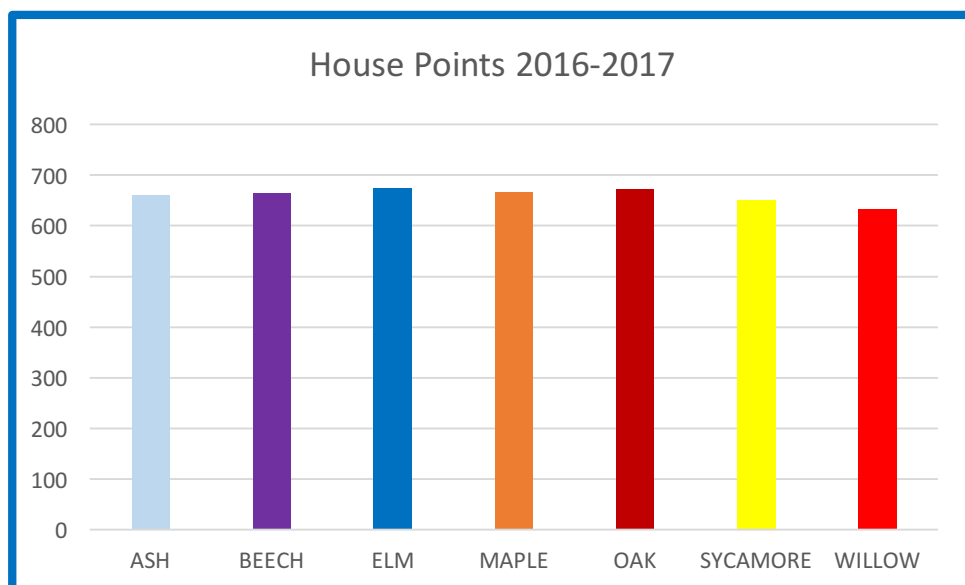
**Energy Drinks** – It has come to our attention that some students have been bringing in and consuming energy drinks, sometimes first thing in the morning! Energy drinks are not allowed at school and we advise that consuming them is avoided at all times, even outside of school.

No matter how old you are, energy drinks are just awful for your body! The Academy of Pediatrics even advises kids and teens to avoid them altogether because of the possibility of serious health risks.



# HOUSE CUP UPDATE

Mrs Ash – Deputy Headteacher



ELM	674
OAK	672
MAPLE	665
BEECH	664
ASH	660
SYCAMORE	649
WILLOW	632

Early days and all the houses are very close. Elm has just edged into the lead over Maple by 2 points.

Watch this space!

## HOUSE POETRY COMPETITION 2017

Mrs Ash – Deputy Headteacher

National Poetry Day is being held on Thursday 28<sup>th</sup> September this year. We are linking our House Poetry Competition to this day and launching our fourth House Poetry competition. All entries will receive reward points that will also contribute to the House point totals. There will also be winners in the following categories:

- Overall Winner
- Junior Category Winners (7,8 & 9)
- Senior Category Winners (KS4 & KS5)
- Highly commended



The theme of National Poetry Day this year is “Freedom” so all poems need to be linked in some way to this theme.

All students wishing to enter the competition must ensure they hand a paper copy of the poem with their NAME and FORM clearly written on it to their Form Tutor.



Deadline for entries is Friday 13<sup>th</sup> October.

# ANTI-BULLYING

Mrs Ash – Deputy Headteacher

Bushey Meads School is a friendly and inclusive learning community where everyone has the right to study and work in a safe and secure environment, without harassment, intimidation or fear. We believe that to realise their potential and achieve their aspirations, people need to feel happy, confident and included in their environment.

## *What is bullying?*

*Behaviour by an individual or group, usually repeated over time, that intentionally hurts another individual or group either physically or emotionally.*

Bullying can include: name-calling; taunting; mocking; making offensive comments; physical behaviour (e.g. kicking, hitting, pushing, etc.); taking belongings; inappropriate text messaging and emailing; sending offensive or degrading images by phone or via the internet/social media; producing offensive graffiti; gossiping; excluding people from groups; spreading hurtful and untruthful rumours; racist remarks.

## *What to do if you feel you or a friend are being bullied*

Tell somebody about it. You can:

- Report it via the STUDENT WATCH area on the school website
- Report it via the CONFIDE button on school computers
- Email or speak to an Anti-Bullying Coordinator (ABC)
- Speak to a student ANTI-BULLYING AMBASSADOR
- Email or speak to your form tutor, a teacher or a pastoral manager
- Ring the school health helpline

## *A mind to be kind*

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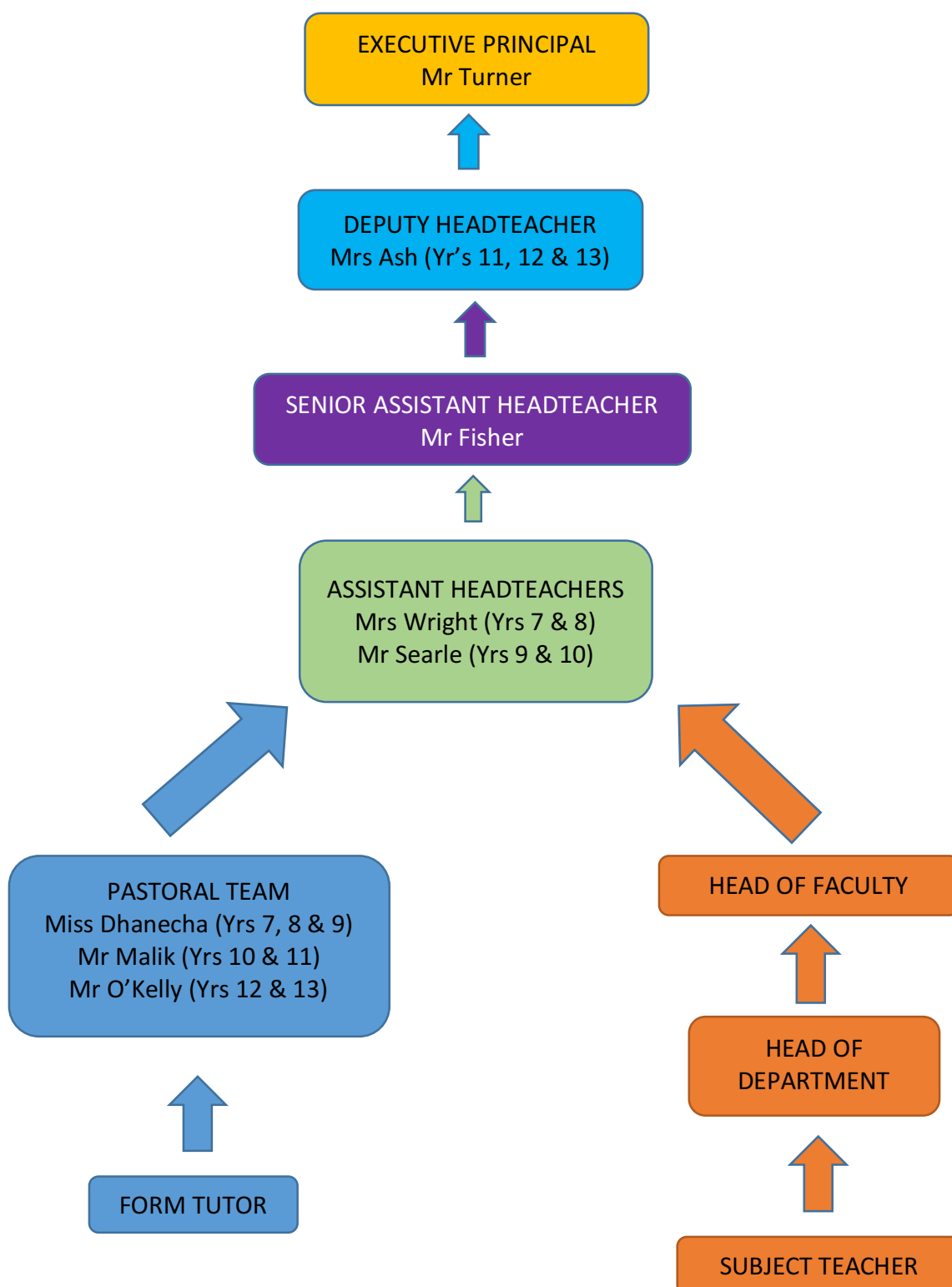


# CHANNELS OF COMMUNICATION

Mrs Ash – Deputy Headteacher

In a large school it is important to know who to contact if you would like to raise a concern or provide us with information. If you have a concern you would like to share with the school regarding your son or daughter your first point of contact needs to be the subject teacher or the form tutor.

They can be contacted via the school email: [reception@busheymeads.org.uk](mailto:reception@busheymeads.org.uk), marking it for their attention, or by telephone: 020 8950 3000.



# TRAVELING TO SCHOOL

Mrs Ash – Deputy Headteacher

Thank you to the vast majority of parents and carers who park sensibly to drop off their children in the mornings and to collect them in the afternoons. Can we please remind all parents and carers when dropping off/collecting students to ensure that you:

- Park sensibly and safely with due consideration to our neighbours
- Observe the yellow zigzags outside Bushey Meads and Meadow Wood schools (*no pulling into the entrances of the schools*)
- To ensure traffic flows smoothly please do not park on the corner by the roundabout

***To avoid congestion in front of the school we recommend that if you park further away from the school site and then the students can walk the rest of the way. We have suggested drop off points for the “Park and Stride” initiative as detailed below.***

## Park and Stride

If you live too far away or don't have time to walk the whole way to school, try 'Park and Stride'. Instead of driving to the school gate, park the car away from school and walk the last 10-15 minutes. There are car parks available at Bushey Country Club, King George Recreation Ground and The Moatfield. Alternatively, you could drive to a friend's house and walk with them. This will help reduce traffic around the school and is a great way to get regular exercise.

### Walking

Walk to school as often as you can. It is great exercise and reduces traffic around the school. This makes it safer, reduces petrol costs and helps our environment.

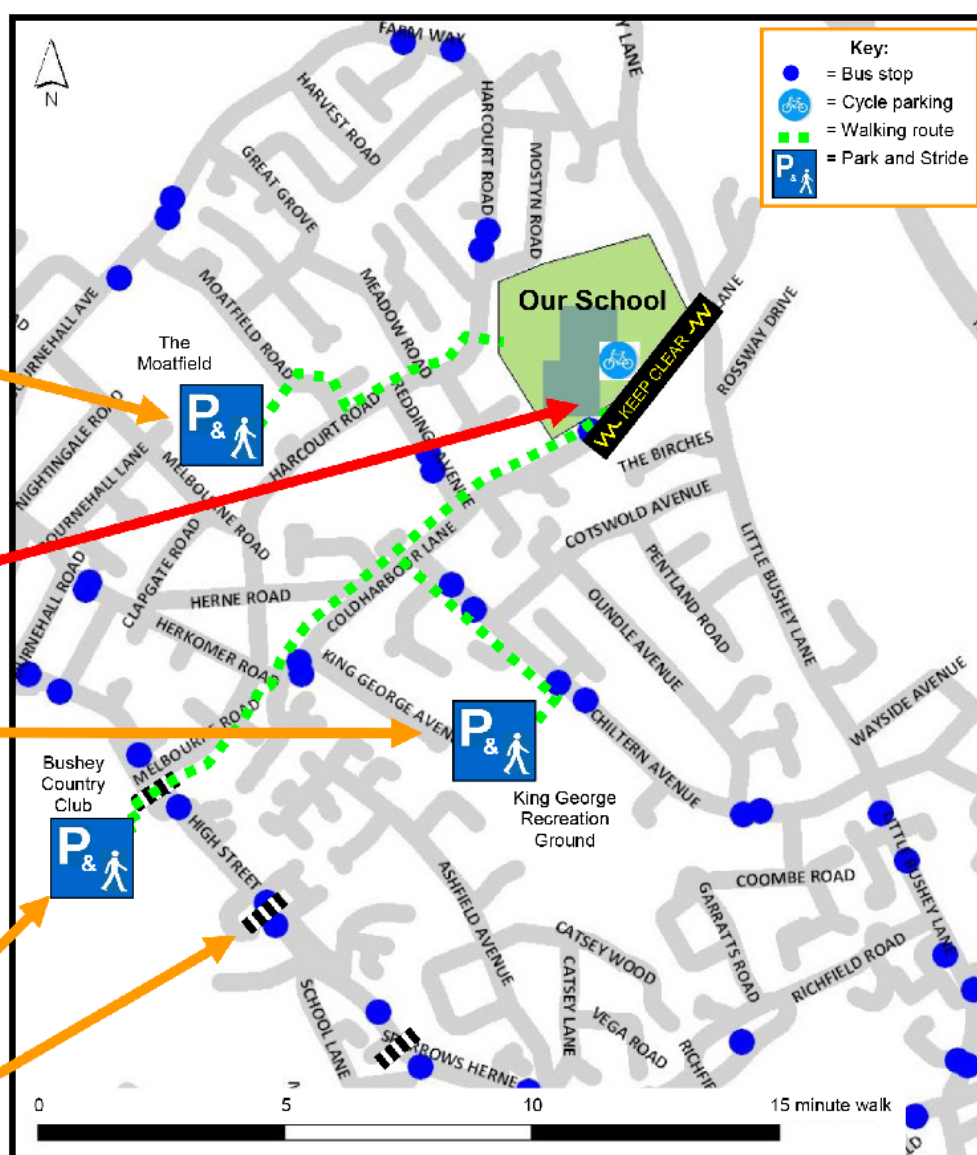
Park and Stride from the car park on Bournehall Lane by The Moatfield Pavilion.

Never park or stop your car on the yellow zig zag lines outside the school gate. They are there to keep everyone safe and can be enforced.

Park and stride from King George Recreation Ground before school. The car park may be full on summer afternoons.

Park and stride from Bushey Country Club before or after school.

Always cross roads at pedestrian crossings.



# PE AND HEALTH FACULTY NEWS 2017-18

Mr Cartledge - Head of PE and Health

The start of a new term sees the start of a new programme of sport and physical activity practices, clubs and competitive fixtures. Last year many of our students took the opportunity to build on their performance in lessons by attending the many extra-curricular clubs that are available at lunchtime and after school. This year we will be holding clubs in football, basketball, rugby, hockey, table tennis, badminton, gymnastics, trampolining, cricket, rounders, tennis, cheerleading, boxercise, yoga, fitness, SEN sport and athletics as well as our very popular lunchtime recreational sports clubs for each year group. Many of the clubs are run by the PE and Health Faculty staff with additional clubs being provided by the Hertfordshire Sports Partnership. Clubs take place at lunchtime and after club and this is supplemented by an extensive range of friendly, District and County competitive sports fixtures. All are free of charge and open to all students.

**Extra –Curricular Practices**

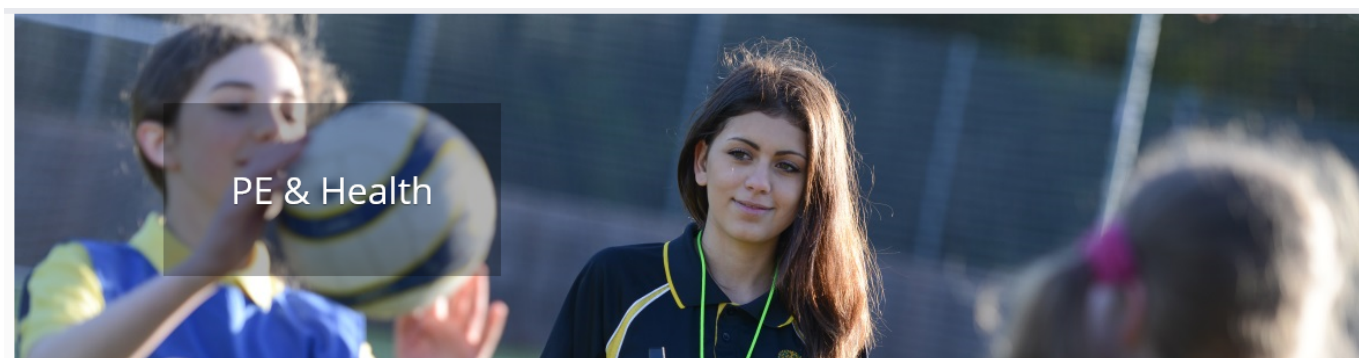
**BMS Sports Activities Week : Monday Sept 7<sup>th</sup> – Friday Sept 11<sup>th</sup>**

Day	Lunchtime	After school clubs/practices	Sports fixtures
Monday	YEAR 7 SPORTS CLUB Basketball, Table tennis, Trampoline, Badminton YEAR 8 SPORTS CLUB (all years) AEROBIC All Activities YEAR 9 SPORTS CLUB Basketball, Table tennis, Trampoline, Badminton YEAR 10 SPORTS CLUB Basketball, Table tennis, Trampoline, Badminton YEAR 11 SPORTS CLUB Basketball, Table tennis, Trampoline, Badminton	Year 6 and 7 Football (JAC) Year 7 Boys Football Training (MPC) BMS Club (JAC) YEAR 8 Football Training (JAC) YEAR 9 and 10 Football Training (JAC) YEAR 10 and 11 Football Training (JAC) YEAR 11 Football Training (JAC)	Year 6 Boys Football v. International (JAC) Year 7 Boys Football v. International (JAC) Year 8 Boys Football v. International (JAC) Year 9 Boys Football v. International (JAC) Year 10 Boys Football v. International (JAC) Year 11 Boys Football v. International (JAC)
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**BMS Sports Activities Week : Monday Sept 15<sup>th</sup> – Friday Sept 19<sup>th</sup>**

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For full details of the clubs, fixtures and practices students and parents need to check on the **Bushey Meads School website** in the PE and Health Faculty icon where you will find a full list of the extra-curricular activities. This is updated on a weekly basis to show the fixtures and practices for each week. In addition students can check the **notice boards in the boys and girls changing rooms**. The PE and Health Faculty also have their own **Twitter** account which includes regular updates on fixtures, match reports and details of forthcoming events.



Weekly Extra-Curricular Timetable



Bushey Meads in Action



# PE AND HEALTH FACULTY NEWS 2017-18

Mr Cartledge - Head of PE and Health

Students selected for teams will receive teamsheets with start and finish times. Some clubs may change week by week depending on fixtures and meetings but parents should check the twitter account and the website for updates. The timetable for the week beginning Monday 11th September is shown below :

Day	Lunchtime	After school clubs/practices	Sports fixtures
MONDAY	YEAR 7 SPORTS CLUB Basketball, Table tennis, Vaulting, Multisports [SH/SJC] AC Astro Duty	Year 10/11/Senior Netball (SJC) Boccia Club (J Hedges) Trampolining Club (KB)	U13-U15 District Football Trials @ Parmiters school 4.15-6.00 ( <b>selected boys only</b> )
TUESDAY	YEAR 8 SPORTS CLUB Badminton, Short tennis, Table tennis, Vaulting, Multisports [AC/AS] SJC Astro duty	Year 9 Boys Football Training (MSO) Year 8 Boys Football Training (AC) KS4 Badminton (SJC) Running club (Watford Harriers) Girls Football Club (AS)	Year 9 Football v FC Academy (A) Year 8 Football v Immanuel (H)
WEDNESDAY	YEAR 9 SPORTS CLUB Badminton, Short tennis, Table tennis, Vaulting, Multisports [MSO/DMC] Hockey Club (all years) ASTRO [SJC] SH Astro Duty	Year 7 Boys Football Training (SH/AS) Year 8 and 9 Girls Netball (DMC) Year 7 Netball (LW) Girls Football Club (Arsenal Ladies) KS3 Badminton Club (AS)	<i>District PE Teachers AGM (All PE staff)</i>
THURSDAY	YEAR 11 SPORTS CLUB Badminton, Table tennis, Vaulting [AC/DMC] AS Astro Duty	Year 10 Boys Football Training (SH) Gym practice for Open Evening (DMC)	Under 18 Football v Immanuel (H) [AC]
FRIDAY	YEAR 10 SPORTS CLUB Table tennis, Badminton, Vaulting, dance [SH/AS] DMC Astro duty AC Duty Team Leader	Basketball Coaching with West Herts Warriors (3.15-4.30)	Year 10 Football v Queens 'A' (H) Year 11 Football v Queens 'B' (A)  <i>Sat Football v Queens (Year 7,8,9)</i>

For any parental enquiries about any aspects of PE contact the Head of PE and Health Faculty Ashley Cartledge [cartledgea@busheymeads.org.uk](mailto:cartledgea@busheymeads.org.uk) For any specific issues related to Girls PE and girls fixtures contact Sarah Cooper [coopers@busheymeads.org.uk](mailto:coopers@busheymeads.org.uk).



**@BMSPEandHealth**

All students who attend sports clubs will receive Sports Credits and these are converted into Reward points.





# BUSHEY MEADS SCHOOL RADIO

## HIRING NOW!

Devan Parmar Year 12 – STEM Radio Manager

Hello. I am Devan Parmar, I am the STEM Radio Manager. I am in charge of a team of students who play music for the school. This includes a multitude of songs for any occasion, be it a normal lunchtime or the Christmas dinner.

Music is a universal language, something that can be enjoyed by everyone. Be it because of the lyrics, the beat, the artist or the meaning. The radio team are tasked with providing music to the school restaurant everyday, no matter the year or genre.



Being the Radio Manager for the last four years has been an amazing experience. In this leadership role I've had the opportunity to take charge of a group which has given me a responsibility. It has also enabled me to work closely with teachers and other students. Also creating special moments.

You will get the opportunity to learn a multitude of skills including both technical, learning to use the audio equipment and also how to organise and ensure that the radio programme runs smoothly. Full training will be provided.



The radio also broadcasts announcements. We do birthday announcements and seeing the surprise on the birthday boy/girl's face is a special moment! On top of birthday announcements, we will also inform you about important school notices. We are constantly looking for ways to improve, making sure you get the best from the school radio!

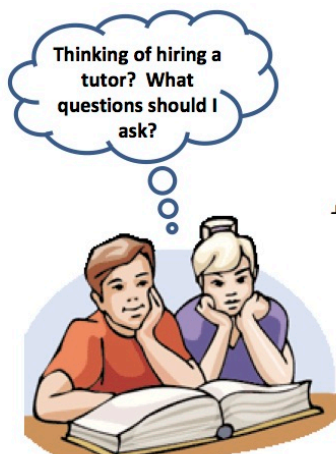
If you're interested in music, the radio or just want to be a DJ then why not see if you can join.

**If you would like to join then email me at: [12parmard@busheymeads.org.uk](mailto:12parmard@busheymeads.org.uk) before the 29th of September as there are limited places.**

This role will also be a great advantage to have in the future on your CV.

**If you have a song request, that you would like to hear, email the school radio at: [school-radio@busheymeads.org.uk](mailto:school-radio@busheymeads.org.uk)**

Please remember to make sure the song is not explicit before requesting.



## Helping Parents to Safeguard their Children Saturday 14th October

Conference and workshops run by the  
Hertfordshire Safeguarding Children Board  
Saturday 14<sup>th</sup> October 10:00am to 2:00pm  
The Oak Room, Hertfordshire Development Centre,  
Robertson House, Six Hills Way,  
Stevenage, SG1 2FQ.



### Internet Safety



To book a place, please send an email to  
[HSCB.parents@hertfordshire.gov.uk](mailto:HSCB.parents@hertfordshire.gov.uk)  
Or call the HSCB Business Unit on 01992 588757



## Bushey Meads School Open Evening STUDENT TOUR GUIDES

Would you like the opportunity to represent our  
wonderful school?

We are looking for Year 7, 8 and 9 student helpers to show parents and young people  
around at our Open Evening on Thursday 21<sup>st</sup> September between 6 – 9 pm.

If you are interested, please contact Mrs Jackman by Monday 18<sup>th</sup> Sept  
[jackmanl@busheymeads.org.uk](mailto:jackmanl@busheymeads.org.uk) or come and see us in the Pastoral Office.